#### **CHILD & TEEN CHECKUPS** (C&TC) OUTREACH

Outreach to provide resources, education, and health information to eligible families and individuals about the importance of regular preventative health screenings and routine medical care

### **DISEASE PREVENTION &** CONTROL

- Public immunization clinics
- Annual seasonal flu clinics, on site and at area worksites
- Assessment of immunization levels in our community
- Education related to vaccine preventable diseases and communicable diseases
- Infectious disease investigations
- Services and outreach to immigrants and refugees new to our community
- Tuberculosis education and medication management
- Home Based services to persons of all ages with Asthma

### CONTRACTED NURSING SERVICES

- Correctional Health/PLYP: Heath education, health assessment, medication audits, medication administration training for staff, and medical/dental/mental health referrals
- Dav Care consultation

### WIC & BREASTFEEDING SUPPORT

- Serves infants, children up to age 5, pregnant and breastfeeding women and non-breastfeeding post-partum women up to 6 months meeting many of the nutritional, economic, and health needs that families have.
- Provides nutrition education, healthy foods, breastfeeding support and referrals to other health and community programs.

# Our *Mission* is to lead efforts to:

- **Prevent** illness, disease, and injury,
- **Promote** healthy and safe neighborhoods,
- **Protect** and enhance the well-being of those who live, work, learn and play in our communities.

# **HEALTH PROMOTION** AND EDUCATION

- Statewide Health Improvement Partnership (SHIP) supports community-driven solutions to expand opportunities for healthy eating, active living, commercial tobacco-free living, and well-being helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Kandiyohi-Renville SHIP's partners create change by helping Minnesotans' live healthier lives and building the capacity of communities to create health
- Drug Free Communities Coalition (DFC) works with youth in the schools and community to promote tobacco, drug and alcohol free living.

# EMERGENCY PREPAREDNESS

- Prepare for and respond to public health emergencies, such as infectious disease outbreaks. severe weather, natural disasters, incidents resulting in mass casualties, and acts of bioterrorism
- Assist our communities in recoverv
- Develop and maintain a system of workforce readiness and response

# CHILD PASSENGER SAFETY

- Education and child passenger safety seat checks for proper fit and installation for all families.
- Distribution of car seats based on eligibility
- Community training and clinics

#### FOLLOW ALONG PROGRAM Parents track child's development to see if their child is playing, talking, growing, moving, and behaving like other children the same age

# ENVIRONMENTAL HEALTH

- Registered Sanitarians provide:
- Inspection and licensing of area food, pool, and lodging establishments; mobile home parks; recreational camping areas; and tobacco retailers
- Education and information related to food safety, water quality, and clean air
- Investigation and follow up on public health nuisance complaints • Free radon test kits

# FAMILY HOME VISITING

Evidence-based Curriculum "Growing Great Kids and Families"

- Growing Great Kids is a prenatal to 36 months comprehensive parenting, attachment, health/wellbeing, child development and family strengthening curriculum. Topics include basic care, social and emotional development, cues and communication, physical and brain development, play and stimulation.
- Growing Great Families is a family strengthening, stress management and life skills curriculum focusing on Shaping Your Child's Future, family values, strengths, reducing stress, communicating effectively, problem solving, and discipline.
- Talking is Teaching supports language development through talking, reading and singing to infants and children from the moment they are born. Public Health Nurses distribute Talking is Teaching Toolkits to families with newborns through hospital visits and postpartum home visits.
- Public Health Nurses collaborate with community partners to provide education classes for expectant and new parents.

**CONTACT INFORMATION** 320-231-7800 Press 3 for Public Health publichealth@kcmn.us



**Public Health**